



NAVAJO NATION

Division of Health

Bio-Terrorism Preparedness Program

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Support for Eastern Agency Communities, Including Thoreau, Continues

Thoreau, NM; June 18, 2010 – The Unified Command Incident Management Team agreed to meet three days a week. The team will meet on Monday, Wednesday and Friday at the McKinley County Sheriff's Office Sub-Station on Main Street. Meetings will also take place on an as needed basis while the team continues to seek resources and provide assistance to families and individuals who need mental health counseling, therapy and support services.

Several upcoming events will focus on understanding mental illness and learning how to respond to someone who needs emotional support. "Mental Health First Aid", the 12 hour certification course is sponsored by the Thoreau Chapter staff and Thoreau Suicide Prevention Committee. These courses are for parents, families, school administrators, primary care professionals, law enforcement officers, business leaders and human resource professionals. To register for the courses contact Thelda Yazzie at (505) 786-6240. Attendees must attend both days of training to get certified.

The "Mental Health First Aid" course will be taught at:

- Thoreau Chapter House on June 24 and 25th from 8:30 a.m. to 4 p.m.
- Navajo Technical College, Hospitality Center, in Crownpoint, New Mexico on July 22 and 23rd from 8:30 a.m. to 4 p.m.

The Crisis Hotline at Thoreau Clinic is still active and available for anyone who needs to talk. The Hotline number is 1-877-836-8110 or (505) 862-0225/0227. Emergency 911 is also available twenty-four hours a day. All information is confidential. The Crisis Center in Thoreau, the Thoreau Chapter House, including Gallup Indian Medical Center has an open door policy to anyone needing counseling and guidance.

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